

The logo for Lumryz features a green curved line above the word "Lumryz" in a blue, sans-serif font. A small "TM" trademark symbol is positioned to the upper right of the "z".

Lumryz™

(sodium oxybate) for extended-release
oral suspension 

Just prescribed LUMRYZ?

You are never alone on your treatment journey with LUMRYZ. This guide offers an overview of the resources and support available to help you every step of the way.

Please see Important Safety Information, and full Prescribing Information, including BOXED Warning, and Medication Guide at LUMRYZ.com.

RYZUP™
SUPPORT SERVICES

Specialty Pharmacy and Delivery

Once coverage is confirmed, your healthcare team will send the prescription to your specialty pharmacy. A pharmacist will call you to discuss your prescription and coordinate the shipment.

Key Information:



Communication required prior to shipment

Before your specialty pharmacy can ship LUMRYZ to you, a pharmacist will call you, so it is important that you answer this call.



LUMRYZ will be shipped directly to you

Typically, this takes about 30 days after your enrollment forms are completed and submitted.

Adult signature required for delivery

You, or an authorized adult you designated, must be present to sign for the delivery.

Accredo:

800-424-2618

Optum Frontier
Therapies:

877-851-0010

CVS SPECIALTY®:

800-834-2806

ARx Patient
Solutions Pharmacy:
913-396-7696

If you haven't already, consider creating new contacts in your phone for your NCN, healthcare provider, and specialty pharmacy.



For a timeline of the typical stages of your journey with LUMRYZ and additional helpful information, visit our FAQs page at [MyLUMRYZ.com](https://www.MyLUMRYZ.com).

Starting LUMRYZ? Here's What Happens Next

Deciding to start a new treatment is a big step and you may have questions about what happens once you leave your healthcare provider's office.

1

- A dedicated Nurse Care Navigator (NCN) from RYZUP Support Services will call you within 48 hours of your enrollment form being submitted by your healthcare provider
- Your NCN will be working to confirm your benefits coverage and can share updates regarding insurance coverage approval and financial assistance programs
- **If you don't sign the forms in the office or don't remember if you did, that's OK!** The RYZUP™ Enrollment Form can be submitted without your signature. Your NCN will follow up to capture any missing information or signatures to help complete your enrollment

Throughout your treatment journey, your NCN will check in regularly via phone and email— they are also available if you have questions or feel unsure about next steps.

2

Upon benefits confirmation, your NCN will let you know which specialty pharmacy will fill your prescription. If you've never worked with a specialty pharmacy, your NCN can share information about the process.



A LUMRYZ Welcome Kit will arrive in the mail with helpful information about LUMRYZ. It will not contain any medication.



Reminder:

Everyone's journey is different. For resources, information on clinical trial experiences, or answers to common FAQs, visit [MyLUMRYZ.com](https://www.MyLUMRYZ.com).

Support When You Need It

You are never alone on your LUMRYZ treatment journey.



Personalized NCN support

You will have 2 dedicated RYZUP NCNs supporting you during your LUMRYZ treatment.

- One NCN will focus on ensuring paperwork is complete while they coordinate the benefits investigation and financial assistance with your healthcare provider. You can expect a phone call from this NCN within 48 hours of your RYZUP Enrollment Form submission with updates on your enrollment and next steps
- One NCN is focused on providing disease education and information about LUMRYZ



Support for starting LUMRYZ and throughout treatment

Your NCN can:

- Help you coordinate with your specialty pharmacy
- Share information about LUMRYZ
- Help you prepare for check-ins with your healthcare team



24/7 pharmacist support

- If you are unable to reach your healthcare provider, your specialty pharmacy has 24/7 pharmacist support available



Insurance, co-pays, and prior authorizations can be extremely confusing... RYZUP Support Services has guided me through the process."

—Tyler F., treating with LUMRYZ

Tyler was compensated by Avadel Pharmaceuticals to share his story.



Questions?

For resources, FAQs, and more helpful information while taking LUMRYZ, visit MyLUMRYZ.com.



Understanding Financial Assistance

Avadel Pharmaceuticals is committed to helping you start treatment with LUMRYZ. That is why we have programs designed to help with cost and access.

Your NCN will proactively inform you and your healthcare provider about financial assistance for LUMRYZ you may be eligible for.

The LUMRYZ financial assistance programs include:

CO-PAY ASSISTANCE

Most patients with commercial insurance pay a **\$0 copay**.*

LUMRYZ QUICK START

Patients new to LUMRYZ may be eligible for free medication if there is a denial or delay in insurance coverage.†

LUMRYZ BRIDGE PROGRAM

Patients already on LUMRYZ may be eligible for free medication if there is an interruption in coverage due to insurance.†

PATIENT ASSISTANCE PROGRAM (PAP)

Treatment is available free of charge to eligible patients who are uninsured or underinsured.†

*This offer is valid only for patients who have commercial insurance. Offer not valid for patients enrolled in Medicare, Medicaid, or other federal or state healthcare programs. Additional terms and conditions apply. See full terms and conditions of the co-pay program available at LUMRYZ.com/RYZUP.

†Applies only to eligible, commercially insured patients.

†PAP application required. Patient must meet certain financial and other criteria.

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Make Connections Using Our LUMRYZ Mentor Program

A mentor can offer honest insights, lived experience, and encouragement that may help you feel more confident in your journey.

The phone-based LUMRYZ Mentor Program connects you with someone who may understand what you're going through.

When you join a one-on-one conversation with a LUMRYZ Mentor, you have the opportunity to ask questions, and they will share their personal experiences about:

- Starting and staying on LUMRYZ
- Tips and insights for managing day-to-day life



To learn more about the LUMRYZ Mentor Program and to schedule a call with a Mentor, please call **888-209-5105** or visit **www.LumryzMentors.com**.

Must be 18 years of age or older to participate.

Lauren and Melanie
LUMRYZ Mentors



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